

LINDIWE MKHONDO

Business & Executive Coach

“What inspires me as a coach is to awaken conscious and purpose-driven leadership. I believe that deep inside every leader, there is a longing to make a difference. I will partner with you to look deep into yourself, to take a journey of profound inner transformation, and become everything you are capable of becoming.



Relationships at Work

EXPERIENCE

Lindiwe is an experienced executive coach, team coach, psychologist and facilitator with 18 years experience. As an executive coach, Lindiwe had the privilege of working with several high-profile clients, including the Auditor General, Eskom, South African Reserve Bank, Discovery Health, Nedbank, Financial Services Conduct Authority, and the University of Pretoria. Among her recent and current clients, these stand out as the most notable. Lindiwe is very passionate about Team Coaching and believes that healthy organisations start with healthy team dynamics, psychological safety, team cohesion and high performance. In her quest to promote human centred and effective leadership, she has also designed and facilitated multiple Leader-as-Coach, Personal Mastery and Resilience programs within these organisations.

COACHING APPROACH

Her transformational coaching approach focuses on the 'inner game', awakening the ability to self-observe and self-correct. It is her belief that beneath all the visible leadership and team challenges, there are underlying paradigms of thought, behaviours and emotional patterns that create barriers to actualisation.

Lindiwe coaches at a deeper level to address these underlying paradigms, to foster mindset shift, presence and connect leaders to their deepest sources of creativity, inner stillness and meaning.

LIFELONG LEARNING

- Masters Degree Psychology
- Transformational Coaching Certificate
- Ontological Coaching Certificate
- Certified Integrative Enneagram Practitioner
- Neuroscience and Resilience Coach

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