

My life's work is to inspire people and organisations to tap their resilience, their authenticity, and their natural talent so that we all build a future that serves humanity.

WORKING WITH LEADERS

Glynis is a leadership coach and systemic facilitator working with individuals, teams and organisations to develop management and leadership capacity, resolve systemic challenges and build employee and organisational culture resilience.

Human capital management forms the foundation of her career which initially covered education, manufacturing and the fashion sectors before she moved into a senior HR executive role serving on the Exco of a large electronics company.

Glynis brings investigative, analysis skills and the capacity for deep dive insight into people matters. She has developed and presented programmes and masterclasses in leadership, company culture, authenticity and resilience. She is also a resident burnout coach for executive clients at a healthcare retreat and has been partnering with various professionals to create personal development opportunities for employees at all levels.

LIFELONG LEARNING

- M.Phil in Personal and Professional Leadership
- Systemic Constellations Coach and Facilitator
- Professional Handwriting Analyst
- Accredited Lumina Practitioner and Facilitator
- Certified Resilience Coach and Practitioner (RQi)

