

I want to give back to society by helping professionals achieve their personal and professional goals.

WORKING WITH LEADERS

Abas is a leadership/executive coach and a chartered accountant with over 35 years of experience in the corporate world. His coaching aims to drive effective communication, emotional intelligence, and leadership influence, crucial skills for individuals who are in leadership positions or undergoing transitions within their careers. Through his guidance, individuals often experience a heightened sense of self-awareness, improved communication skills, and the ability to influence others in a more positive and constructive manner. One of the main aspects of his coaching is to improve how leaders and organizations engage with various stakeholders, be it internal (teams, departments) or external (clients, regulators, partners).

By helping clients navigate stakeholder expectations and manage relationships more effectively, Abas helps organizations achieve better cooperation, reduce conflicts, and maintain long-term business relationships. His work includes advising business leaders on how to navigate complex organizational challenges, including stakeholder management, conflict resolution, and building stronger internal teams. Abas' approach is to assist individuals and teams to build the mental fitness required using an integral approach to personal and leadership development. This is based on the idea that in order to achieve success, all parts and the inter-relationship must be examined.

LIFELONG LEARNING

- M.Sc. Finance and a Registered CA(SA)
- Accredited Coach Training Programme (ACT) Certificate
- Post Graduate Diploma in Coaching
- Professional Certified Coach (PCC)

