



# TIME TO THINK FOUNDATION PROGRAMME



ARE YOU INTERESTED IN **TRANSFORMATIONAL LEADERSHIP** USING THE  
THINKING ENVIRONMENT?

## PURPOSE

Learn how to create a thinking environment and how it positively impacts leadership, communication and collaborative engagement.

## OUTCOME

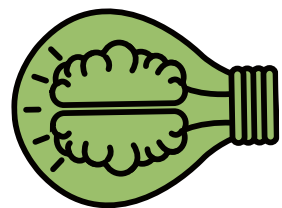
- Powerful thinking environment tools, processes and principles.
- 1-hour one-on-one Thinking Session experience.
- A profound new way of thinking, listening, leading and relating to others.

Participants will leave with tangible approaches to leadership and coaching that support better decision making, problem-solving and working effectively with others. The programme is deliberately practical so you learn by applying principles backed by neuroscience and underpinned by a sound theoretical framework. You will leave confidently able to apply what you have learnt in your leadership context.

Participants will receive a Certificate of completion which is a requirement for the Time To Think® Facilitator qualification.

## COURSE DETAILS

- R10 500 (ZAR) excluding VAT per person or
- £695 (GBP) per person
- Three group online sessions, 5 hours each
- One hour private face-to-face or Zoom Thinking Session
- 31st August and 1st, 4th September 2023 from 09h00 to 14h00



"The quality of everything that human beings do, depends on the quality of the thinking they do first." - Nancy Kline

# TESTIMONIALS

Feedback from clients who attended previous offerings of this programme:

“Thank you for your time and energy in empowering us all to improve our own life experience but most definitely the impact we have with and for others.”

“Thank you very much for facilitating a world-class Programme!”

“I absolutely loved the course. I have gained great insight and been given valuable tools, I’ve gained so much more than expected!”

## TIME TO THINK® GUIDE

MBA [WITH DISTINCTION] (Wits); BA (Hons) Industrial and Organisational Psychology [WITH DISTINCTION], (UCT); Certificate and Diploma in Practitioner Coaching (The Coaching Centre, Cape Town); Coach Supervision Diploma (Coach Development UK); International Certificate in Relationship Systems Coaching (CRR Global US); Time to Think Global Faculty (TTT UK). Founder, Executive Coach and Leadership Development Consultant of Ithaca Leadership (Pty) Ltd; Certified ORSC Practitioner (CRR Global).



Creina’s strength lies in her systemic approach with individuals and teams to build innovative, accountable environments that bring out the best in people. With over 20 years’ experience in leadership, strategic culture-change and individual and team coaching, she believes sustainable positive performance improvement can be achieved through maximising the quality of the relationships, thinking, outputs and outcomes of individuals, teams and organisations. As a coach, she takes an integrated, multi-disciplinary approach based on a foundation of an Integral Plus, which is enhanced by her significant experience in the Thinking Environment® and Relationship Systems Coaching. She works with leaders to embrace the difference that resides within the systems in which they operate and to improve their personal and professional impact. Creina is Global Faculty of Time To Think®, she teaches practitioner coaches at the University of Stellenbosch Business School, is faculty at The Coaching Centre and supervises practising coaches. She brings the Thinking Environment® work to Executive Groups in numerous organisations, academic institutions and business schools.

